

Essay 5 - Beware the Malingeringer

In the Introduction of *Sorry! We're Closed* you learnt what a Malingeringer is. You learnt that in Physical Therapy (Osteopathy, Chiropractic and Physiotherapy) there is actually a clinical test, with no imaging equipment needed, that can categorically, no doubts, tell the difference between a person who has a legitimate nerve compression from a herniated or prolapsed lumbar disc to a person who is faking it. Malingering is described as *'the intentional production of false or grossly exaggerated physical or psychological problems. Motivation for malingering is usually external for example avoiding military duty or work, obtaining financial compensation.'*



I am by no means a Psychologist or an Expert in the Mind regarding when and how it goes wrong. But I am well read in this field and as a malingeringer lies; deceives for financial gain; shirks responsibility; commonly seeks drugs, another horrible personality disorder springs to mind ... Sociopathy.

A sociopath is a term used to describe a person with a **severe form of antisocial personality disorder**. These days there are many Books out there about this distasteful, somewhat evil personality type. They can be interesting reads, if you are into that sort of thing. Clearly with the amount of Books being published about these pitiful people, it's a personality disorder on the incline.

The sociopath (and I have given them a lower case 's', intentionally) displays these common traits:

- Zero understanding of the difference between right and wrong
- No respect of the feelings and emotions of others
- Constant lying or deception
- Experts in manipulation
- Violates the rights of others through dishonest actions
- Lack of empathy
- Entitlement
- Disregard for rules
- Impulsive and aggressive tendencies
- Abusive towards other people
- Overly charming
- Tendency to behave in illegal, immoral or violent ways

If you suspect you have a malingerer/ sociopath in your business or a sociopath in your personal life I strongly recommend you watch the *MedCircle* videos on *YouTube* with renowned Psychiatrist *Dr. Ramani Durvasula*, an True Expert in her trade (with this word 'Expert' in mind *Essay 8* is *Recognise Experts from the Jack of All Trades*).

Let's look at this phrase again '*the intentional production of false or grossly exaggerated physical or psychological problems*'. Ok, so malingerers can produce false or grossly exaggerated psychological problems. I am not an Expert in that one. But what I am an Expert in is the production of false or grossly exaggerated physical problems. What can you do? Working with your Human Resources Department (or the People Team as they like to call it these days ... does sound better) and your Legal Advisers get the suspected malingerer immediately Clinically Assessed by a Registered Osteopath* or Chiropractor, as well as through their GP. We will revisit this Clinical Assessment by a Registered Osteopath later in the book in *Essay 33*.

The malingerer/ sociopath will not win a £150,000 claim but through their immoral deception they could easily win an 'Injury at Work' Claim payout to the sum of £11,730 for a 'minor back injury with no loss of function'.

*For *Osteopathic Solutions Ltd's* Expert provision of Employee Musculoskeletal Disorder Occupational Health Assessments including Employee Medico-Legal Reports visit www.osteopathicsolutions-manualhandling/manual-handling-injury-assessment

In your personal life if you feel that you have allowed a sociopath into it, immediately get them out of it! Regarding business, if you are a Business Owner and you clearly have a malingering sociopath in it, boot them out of the door all the way to Timbuktu.

